

GOURMET RANGE

Served hot or cold
Salad Garnish if requested

PANINIS, BAGELS AND WRAPS

G Smoked Salmon with Cream Cheese	£3.95
G Chorizo, Mushrooms, Cheese and Chilli Jam	£3.95
G Chicken, Sun Dried Tomato and Pesto	£3.95
G Chicken, Chorizo and Blue Cheese	£3.95
G Hearty Pork and Leek Sausage	£3.95
G Chilli Sizzler Sausage	£3.95
VG Medley of Mediterranean Roast Vegetables	£3.50
VG Mozzarella, Tomato and Basil	£3.50

TAPAS

We have cooked for you a selection of six tasty Tapas from our Gourmet Range
Simply select three of your choice

£4.95 PER MIXED TRAY OF 3

TASTY TAPAS

- Meatballs in Tomato Sauce (*Albóndigas*)
- Spicy Pork sausage braised in red wine (*Chorizo Al Vino*)
- Chicken Cooked in Creamy Peppercorn Sauce (*Pollo Pepe*)
- V** Diced Potato in a Spicy Tomato Sauce (*Patatas Bravas*)
- V** Garlic Mushrooms (*Champiñón al Ajillo*)
- V** Spanish Omelette (*Tortilla Español*)

Fresh Baked Crusty Bread **£0.60**
(as an accompaniment to the above)

EXTRAS

- Anchovies in a Vinaigrette (*Boquerones*) **£1.50**
- V** Marinated Olives **£1.50**
- V** Tomato Salad **£1.50**
(Tomatoes, Onions, Coriander, Balsamic Vinegar)

SPECIALS

(Served the last Friday of every month)

- Meat Paella (*Paella de Carne*) **£4.95**
- Seafood Paella (*Paella de Mariscos*) **£4.95**

DESSERTS, CAKES AND PUDDINGS

Variety of Home Baked Goodies... **As Priced**
Scones, Muffins, Flapjacks, Cake slice, Cookies

Cheesecake	As Priced
Fresh Seasonal Fruit Salad	As Priced
Cake Pops	As Priced

BEVERAGES

Cappuccino <i>12oz Cup</i>	£1.80
Latte <i>12oz Cup</i>	£1.95
Fresh Filter Coffee <i>12oz Cup</i>	£1.50
Espresso	£1.00
Tea <i>12oz Cup</i>	£1.00
Hot Chocolate <i>12oz Cup</i>	£1.95
Bovril	£1.00

Cans 330ml (variety)	£0.65
Bottles (variety)	As Priced
Energy Drinks	As Priced
Bottled Water	As Priced
Carton of Juice	As Priced

SNACKS

Chocolate Bar	As Priced
Crisp Snacks	As Priced
Nuts <i>Dry/Roasted/Salted</i>	As Priced
Fresh Fruit <i>Per Piece</i>	As Priced

All orders over £15 placed by 11am collected from noon onwards will qualify for a 10% Discount!

Order By

- ✓ Phone: 0161 796 7268**
- ✓ Fax: 0161 796 3736**
- ✓ E-mail: hello@3towncatering.com**
- ✓ In Person**

V Suitable for Vegetarians **G** Gourmet Range

N.B All of our dishes may contain traces of nuts

3Town Catering

SERVING GREAT FOOD **LOCALLY**

Prices Valid until 31st December 2011



3 Town Catering
The Kitchen at UAP
Albert Close Trading Estate
Whitefield
M45 8EH

Welcome to the new home of great food in
Whitefield, Prestwich and Radcliffe

OPEN
Mon - Fri
8:15 - 16:15

FREE DELIVERY
Between:
11:45am - 1:15pm
On Orders Over **£10**
Placed By **11am**
(within a 1 mile radius)

- ✓ Great Food**
- ✓ Card Payments (min. £5)**
- ✓ Cash Payments**
- ✓ Corporate/Event Catering**
- ✓ Delivery**



www.3towncatering.com
If you want to speak to us

You can call on: **0161 796 7268**

Or email **hello@3towncatering.com**

NEW!

BREAKFAST

Served 08:15 - 11:30

HOT SNACKS

Bacon Barm	£1.95
Sausage Barm	£1.95
Bacon and Sausage Barm	£2.50
✓ Beans on Toast	£1.95
✓ Vegetarian Sausage Barm	£1.95

Large Breakfast Meal £3.95

2 Sausages, 2 Bacon, Egg, Mushrooms, Tomatoes, Beans, 2 Toast
FREE Tea/8oz Filter Coffee or Orange Juice

Regular Breakfast Meal £2.95

Sausage, Bacon, Egg, Mushrooms, Tomatoes, Beans, Toast
FREE Tea/8oz Filter Coffee or Orange Juice

✓ Vegetarian Breakfast Meal £3.45

Sausage, Bacon, Egg, Mushrooms, Tomatoes, Beans, Toast
FREE Tea/8oz Filter Coffee or Orange Juice

Add additional items to your breakfast:

Bacon	£0.80	✓ Mushrooms	£0.50
✓ Baked Beans	£0.50	Breakfast Sausage	£0.80
Black Pudding	£0.80	Pork & Leek Sausage	£1.00
✓ Bread & Butter 2 Slices	£0.50	✓ Toast 2 Slices	£0.80
✓ Free Range Egg	£0.50	✓ Tomatoes	£0.50
✓ Hash Brown	£0.50		

Toasted Bagel with a choice of:

✓ Preserves	£1.20
✓ Cream Cheese	£1.50
Cream Cheese & Smoked Salmon	£3.95

A choice of Tomato Ketchup, Brown Sauce or Mustard available

THE CLASSIC MENU

SANDWICHES AND PITTAS

All served on White or Brown Barm/Pitta Baguette £0.50 Extra

SERVED COLD

Oven Baked Ham	£1.95
Home Roasted Beef	£1.95
Tender Chicken Breast	£1.95
Tuna <i>with/without Mayo</i> (Dolphin Friendly)	£1.95
Fresh Juicy Prawns <i>with/without Mayo</i>	£2.50
✓ British Mature Cheddar Cheese	£1.95
✓ Free Range Egg Mayonnaise	£1.50

Optional Salad Included with the above (lettuce, cucumber and tomato) free of charge

All additional salad charged at £0.10 per portion: Onions, Gherkin, Beetroot, Jalapenos, Sliced Egg, Grated Carrot, Peppers, Olives, Homemade Coleslaw

SALAD BOWLS

(Lettuce, Onion, Tomato, Cucumber, Carrot, Peppers, Sliced Egg, Homemade Coleslaw)

Oven Baked Ham	£3.25
Home Roasted Beef	£3.25
Tender Chicken Breast	£3.25
✓ British Cheddar Cheese	£3.25
Tuna <i>with/without Mayo</i> (Dolphin Friendly)	£3.25
Fresh Juicy Prawns <i>with/without Mayo</i>	£3.75
Ⓞ Gourmet House Salad	£3.95
<i>Blue Cheese, Bacon, Chorizo, Walnuts, Lettuce, Cucumber, Cherry Tomato, Choice of Dressing</i>	

Optional Dressings: Balsamic Vinaigrette, Mayonnaise, Ranch, Piri-Piri (Hot), Garlic Mayonnaise, Salad Cream, Caesar

KIDS LUNCH BOX £1.95

Cheese ✓ or Ham Sandwich, Carton of Juice, Yoghurt or Muffin, Served in a takeaway box

COLD EXTRAS

✓ Pasta Salad Pot	per portion £0.50
✓ Homemade Crunchy Coleslaw Pot	£0.50
✓ Grated Cheese Pot	£0.75
Slice of Quiche (See Specials Board)	£1.25

SERVED HOT

Oven Baked Ham <i>With Cheese (Toastie)</i>	£2.45
Home Roasted Beef <i>With Onions and Rich Gravy</i>	£2.45
Tender Chicken Breast <i>With Sage and Onion</i>	£2.45
Tuna <i>with/without Mayo</i> (Dolphin Friendly) <i>With Cheese and Red Onion (Toastie)</i>	£2.45
British Mature Cheddar Cheese <i>Add any salad filling free (Toastie)</i>	£2.45

HOMEMADE SOUP OF THE DAY

Please ask for todays soup choice

Large	£1.50
Regular (Only sold with any Sandwich)	£0.75
Fresh Baked Crusty Bread & Butter	£0.60

HOT DISH OF THE DAY

£3.50
Freshly cooked daily and served between noon and 1:30pm
Please see specials board or enquire for details

JACKET POTATOES (Oven Baked)

Served daily between noon and 1:30pm

✓ Plain <i>with butter</i>	£1.95
✓ With Cheese	£2.95
✓ With Baked Beans	£2.95
✓ Crunchy Coleslaw	£2.95
Tuna (Dolphin Friendly) <i>with/without Mayo</i>	£2.95
Fresh Juicy Prawns <i>with/without Mayo</i>	£3.50

HOT EXTRAS

Homemade Chips	£1.00
Assorted Pies/Sausage Rolls/Pasties Gravy	Various £0.50